

Let’s make this Lent one that changes you spiritually. Pledge below how you will uphold the three pillars of Lent this 40 day period. Then find a friend who will hold you accountable for this promise to God.

During Lent I will pray

During Lent I will give up

During Lent I will give to others by

Lenten Partner \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E Mail \_\_\_\_\_\_\_\_\_\_\_\_

Phone Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_